

Jared Gross

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Summary

I spent several years working in structured, high-pressure environments where safety, accountability, and teamwork were crucial. In my leadership roles, I've managed group dynamics, handled conflict, and helped maintain a controlled and productive environments.

I am currently finishing my Psychology B.A. at Iowa State University and will graduate in Spring 2026. I am open to opportunities in the human services field where I can apply my professional and education skills to make a positive impact in the lives of others.

Experience

United Brotherhood of Carpenters & Joiners of America | Des Moines, IA **Millwright | 07/2018 - 11/2023**

- Union apprenticeship with Millwright Local Union #1463 focusing on millwright skills, safety standards and industry practices
- Worked with various contractors adapting to new trade skills, team dynamics and varying work environments

Mortenson Construction | Minneapolis, MN **Millwright Lead II | 07/2018 - 01/2023**

- Coordinated and assisted with daily crew activities to maintain efficient practices
- Mentored and trained new hires on procedures, safety culture, and team operations
- Promoted Mortenson's "Zero Injury" safety culture and maintained strong compliance with safety standards
- Communicated with site management and crew members to resolve issues and misunderstandings
- Helped prioritize work tasks and support team productivity in high stakes environments
- Assisted in over 13 wind farms consisting of new construction and repower

Seneca Companies | Des Moines, IA **Service Technician | 08/2017 - 07/2018**

- Installed and maintained fuel dispensers while ensuring safety and regulatory compliance
- Completed service documentation and work orders with attention to detail
- Diagnosed mechanical and electrical issues and communicated solutions to customers

Fareway Stores, Inc. | Adel, IA **Grocery Clerk | 05/2012 - 06/2016**

- Assisted customers and maintained day to day store operations in designated departments
- Oversaw closing procedures and employees
- Supported inventory organization, ordering and stocking

Skills

Leadership Experience, Emotional Intelligence, Problem Solving, Adaptability, Conflict Resolution, Teamwork, Interpersonal Communication, Safety

Education

Iowa State University | Ames **Psychology | 05/2026**

Des Moines Area Community College | Ankeny **Psychology | 08/2024**